Archdiocese of San Francisco

Standards for the California Catechist Certification
Catechist Formation Course

Office for Religious Education and Youth Ministry
Goals and Objectives

Content of Course of Studies to Obtain a California Master Catechist Certificate and Catechist Certificate
INTRODUCTION

As you received Christ Jesus the Lord,
Now live your lives in him,
Be rooted in him and built up on him,
Held firm by the faith you have been taught
And overflowing with thanksgiving.

(Col: 2:6-7)

These words will hopefully find a nesting place in the lives of every catechetical minister. Competent ministers of the Word recognize their responsibility to be grounded in a spirituality that roots them in the heart and mind of Christ. This personal relationship of the human person with the living God is central to effective ministry. In fact the National Directory for Catechesis states that Jesus Christ is the energizing center of evangelization and the heart of catechesis.

When we reflect on the Gospels, it is clear that Jesus had a pattern of prayer and spirituality in his life. This pattern and rhythm of prayer nurtured and was nurtured by his mission and ministry. We see him moving apart to enter into silence and solitude. He chose to go to lonely places to be alone and at times he spent the whole night in prayer. He listened, he discerned, he spoke to his Father in secret and reached out to attend to the varied needs and hopes encountered in his travels. He was truly a contemplative in action.

Catechists and leaders in this important ministry of sharing Good News would do well to mirror Jesus’ commitment to pause, to pray, and to reflect. The process of thrusting lives into the rich soil of God’s love and compassion brings freedom from fear and gives the courage to go on in spite of the struggles that are inevitable along the way.

It is in the context of this rootedness and connection to the source of life that catechists and catechetical leaders find the strength to go forth and share the richness of their Catholic faith story with all of its rituals, beliefs and spiritual traditions. Weaving contemplation and action they discover God in all of life and lead others into a like experience of God ‘with us.’

The following goals and objectives specify the content of the course of studies for the California Catechist Certificate and the California Master Catechist Certificate. This certificate is for all the Arch (dioceses) in California for the training of catechists in catechesis at the parish, youth ministry and school levels.

In implementing them, it is important that the critera for catechist formation found in the National Directory for Catechesis is adhered to and that the general andragogy of the formation of catechists be congruent with the pedagogy proper to the catechetical process. In other words, the catechetical process should be used in the formation of catechists (NDC #55E).

It is also important to remember that the presentation of content must be seen in relation to the entire formation of the catechist. As stated in the General Directory for Catechesis, “the deepest dimension refers to the very being of the catechist, to his or her human and Christian dimension. Formation, above all else, must help him or her to mature as a person, a believer and as an apostle.” (GDC #238)

The presentation of content must also be seen in relationship to multicultural and multilingual settings.
KNOWLEDGE OF FAITH

Goal 1: The Master Catechist will teach God’s ongoing self-revelation and the nature of our response.

Objectives: The catechist will be able to

1. Explain reasons for belief in the existence of God.  
   CCC 1-3; 27-43
2. Give examples of how God communicates with us from Scriptures, tradition and lived experience.  
   CCC 31-35, 51-62
3. Explain how God’s plan of salvation came to fullness through Jesus Christ.  
   CCC 65-67
4. Identify faith as our response to God’s revelation.  
   CCC 144-165
5. Give an example of how we work with God’s grace to respond in faith to life situations.  
   CCC 166-175

Goal 2: The Master Catechist will articulate that the Sacred Scriptures are the Word of God.

Objectives: The catechist will be able to

1. Explain authorship and inspiration of Sacred Scripture.  
   CCC 101-119
2. Outline the process of the formation of Scripture.  
   CCC 120-130
3. Name several literary forms found in the Bible.  
   CCC 109-119
4. Describe the themes of covenant and exodus found in Scripture.  
   CCC 54-64
5. Explain the relationship between the Old and the New Testaments.  
   CCC 102-103, 121-130, 140
6. Describe the unique form of the four Gospels, their formation and central place in our Church.  
   CCC 124-127
7. Break open the Word of God based on the liturgical year.  
   CCC 111-114, 137
8. Explain the Catholic approach to Scripture and how it differs from the fundamentalist and literalist approaches.  
   CCC 104, 131-133, 141, 2653
Goal 3: The Master Catechist will teach the central beliefs of the Catholic faith as articulated in the Creed.

Objectives: The catechist will be able to

1. Articulate the Trinity as the central mystery of the Christian faith, the source of all the other mysteries.
2. Present God’s plan of loving kindness, which was conceived by the Father, was fulfilled in the Son, and is directed by the Holy Spirit in the life of the Church.
3. Define the term *creed* and distinguish between the Apostles’ Creed and the Nicene Creed.
4. Express a basic understanding of the following concepts:
   - Incarnation, Resurrection, Holy Spirit, Communion of Saints.
5. Understand concepts such as death, judgment, second coming of Christ, heaven, hell, purgatory, resurrection of the body and life everlasting.
6. Describe the role of the baptized in passing on the Catholic Tradition.

Goal 4: The Master catechist will articulate the centrality of Christ in all catechesis.

Objectives: The catechist will be able to

1. Identify Jesus Christ as true God and true man.
2. Explain the meaning of the Kingdom of God and relate it to his or her own call to discipleship.
3. Describe key images of Jesus that emerge from a careful reading of the Gospels.
4. Explain the importance of a personal relationship with Jesus Christ.
Goal 5: The Master catechist will teach that the Church is a mystery both human and divine.

Objectives: The catechist will be able to

1. Tell the story of the founding of the Church.  
   (CCC 748-769)
2. Describe the mission of the Church to evangelize and make disciples of all nations.  
   (CCC 767-768, 849-865)
3. Describe the major images of the Church, including those in the Documents of Vatican II.  
   (CCC 738, 770-801)
4. Name and explain the Four Marks of the Church.  
   (CCC 811-870)
5. Describe the basic structure of the Church.  
   (CCC 771, 871-933)
6. Explain the meaning of the hierarchy of truths in Catholic doctrine.  
   (CCC 90, 234)

Goal 6: The Master Catechist will share that the Church honors Mary, the Mother of God, and commemorates the heroic example of the lives of the Saints.

Objectives: The catechist will be able to

1. Explain the meaning of the Immaculate Conception, Mary’s obedience of faith (“fiat”) at the Annunciation, her Perpetual Virginity, the Assumption, and her inseparable union with Christ.  
   (CCC 484-511, 964-966)
2. Explain how the Church imitates the Mother of the Lord in treasuring the Gospel in her heart.  
   (CCC 721,829, 973)
3. Explain why the saints are models of holiness and discipleship for all believers.  
   (CCC 823-828)
4. Explain the proper devotion to the saints and how they serve as models and intercessors for us.  
   (CCC 965-959)
5. Highlight the heroic examples of particular saints.
LITURGICAL LIFE

Goal 1: The Master catechist will articulate that liturgy, especially the Eucharist, is the source from which the Church’s power flows and the summit toward which Church activity is directed.

Objectives: The catechist will be able to:

1. Define liturgy.
2. Describe the essential elements of liturgy.
3. Give an example of how the richness of various cultures is incorporated into liturgy.
4. Describe the meaning of the Paschal Mystery and its relationship to Liturgy and sacraments.

Goal 2: The Master catechist will articulate that the liturgy involves conscious, active and fruitful participation of everyone.

Objectives: The catechist will be able to

1. Identify the role of the assembly in liturgy.
2. Identify the four ways Christ is present in liturgy.
3. Explain the liturgical year.

Goal 3: The Master Catechist will articulate that Christ is mediated through the Church’s sacramental life.

Objectives: The catechist will be able to

1. Express a basic understanding of the concept of Sacrament.
2. Name and describe the seven Sacraments.
3. Explain how we participate in Christ’s Paschal Mystery through the Sacraments.
4. Identify the symbols for each Sacrament and their meaning in human experience.
5. Describe the communal nature of the Sacraments.
Goal 4: The Master Catechist will teach that the Sacraments of Initiation- Baptism, Confirmation and Eucharist - lay the foundations of every Christian life.

Objectives: The catechist will be able to

1. Explain the scriptural, theological, historical and liturgical aspects of the Sacraments of Initiation. 
   \[CCC 1212; 1229\]
2. Explain the stages of the Rite of Christian Initiation of Adults and their accompanying rites. 
   \[CCC 1234-45\]
3. Explain the importance of Baptism for new life in Christ. 
   \[CCC 1262-74\]
4. Explain the meaning of sharing in the priesthood of Christ. 
   \[CCC 1546-47\]
5. Explain how Confirmation completes Baptismal grace. 
   \[CCC 1285; 1316\]
6. Explain the gifts and fruits of the Holy Spirit and describe how they are lived. 
   \[CCC 1830-32\]
7. Explain that the mode of Christ’s presence in the Eucharist is unique and raises Eucharist above all other sacraments. 
   \[CCC 1374\]
8. Explain the meaning of Eucharist as the real presence of Christ which calls for a response of commitment to justice. 
   \[CCC 1397; 1398\]

Goal 5: The Master Catechist will teach that the Sacraments of Healing – Penance and Anointing of the Sick - continue Christ’s work of healing and reconciliation. 

Objectives: The catechist will be able to

1. Explain the scriptural, theological, historical and liturgical aspects of the Sacraments of Healing. 
   \[CCC 1420-21; 1449\]
3. Explain the importance of the Sacrament of Penance in one’s personal life and in the life of the Church. 
   \[CCC 1425-29; 1440\]
3. Describe the communal and individual celebration on the Sacrament of Penance. 
   \[CCC 1440; 1443-45\]
4. Explain the importance of the Sacrament of Anointing in one’s personal life and the life of the Church. 
   \[CCC 1500-10\]
5. Describe the communal and individual celebration of the Sacrament of Anointing. 
   \[CCC 1517-19\]
6. Explain some of the spiritual effects of the Sacraments of Healing. 
   \[CCC 1468-70; 1496; 1520-25\]
Goal 6: The Master Catechist will teach that the Sacraments at the Service of Communion - Matrimony and Holy Orders - serve to build up the people of God.

Objectives: The catechist will be able to

1. Explain the scriptural, theological, historical and liturgical aspects of the Sacraments at the Service of Communion.  
   
   
   CCC 1533-1535

2. Describe the relationship between the Sacrament of Matrimony and Christ’s love for the Church.  
   
   CCC 1602-04

3. Explain the role of the couple, the priest, the deacon and the community in the Sacrament of Matrimony.  
   
   CCC 1621-23
   
   CCC 1119-20; 1536; 1538; 1549; 1552; 1554; 1562-71; 1591-1600

4. Explain the unique service to the community given by bishops, priests and deacons in the name and person of Christ.
MORAL FORMATION

Dignity of the Human Person

Goal 1: The Master Catechist will provide a foundation for the understanding of the dignity of the human person made in God’s image, and call of our Lord to live as children of the light.

Objectives: The catechist will be able to:
1. Identify human dignity as a foundation for moral life.
2. Identify the Catholic understanding of human freedom and authentic happiness from the perspective of Scripture and tradition.

Sin, Grace, Redemption

Goal 2: The Master Catechist will share the good news of the gospel concerning the fulfillment of God’s saving plan in the person of Jesus Christ. Our moral choices are our response to this gift of God’s grace.

Objectives: The catechist will be able to:
1. Understand the gift of God’s loving presence, communicated through grace freely given (sanctifying and habitual).
2. Define sin, its degrees of gravity (mortal/venial,) and its affects on our relationship with God, others and all of creation.
3. Reflect on the continual need for ongoing conversion and “growth in holiness.”

Ten Commandments, Great Commandment & Beatitudes

Goal 3: The Master Catechist will demonstrate the relationship between the Ten Commandments and the Beatitudes for committed Christian discipleship.

Objectives: The catechist will be able to
1. Show how Christ’s example of love for God and neighbor is the standard that we are to imitate and follow in all of our thoughts, words, and actions.
2. Understand the call of the Beatitudes to spiritual growth and discipleship.
3. Help others to inform their conscience through a contemporary understanding of each of the Ten Commandments.
Virtue and Gospel Values

Goal 4: The Master Catechist will articulate virtue as a quality of character which enables a Christian to live a life that is fully free.

Objectives: The Catechist will be able to:
1. Explain the importance of the four cardinal virtues, the three theological virtues and their relationship to Gospel values.
2. Recognize that virtue as well as vice is acquired through habitual action and that they constitute a person’s character and interior life.
3. Describe the way in which a person’s character is formed through moral choices.
4. Identify important gospel values and how they are essential for Christian discipleship.

Moral Principles

Goal 5: The Master Catechist will describe key principles of Catholic Morality including the difference between the objective moral law and the subjectivity of the moral agent; the sources of morality and the authority of the Church’s moral teaching.

Objectives: The Catechist will be able to:
1. Articulate the relationship between objective morality and the subjectivity of the moral agent.
2. Understand how the morality of human acts is specified by the intention, the object or means chosen and the circumstances.
3. Understand the sources for arriving at moral truth: the Life and teachings of Jesus, the teachings of the Church and human reason guided by the action and gifts of the Holy Spirit.

Conscience Formation, Moral Decision Making

Goal 6: The Master catechist will articulate the need for formation of the primacy of conscience and the role of conscience in moral decision making.

Objectives: The Catechist will be able to:
1. Understand conscience as our most secret core and sanctuary in which consists our human dignity, a judgment of reason that enables a person to judge the moral quality of an action.
2. Describe the process of informing one’s conscience and how to do an examination of conscience, including the role of prayer.
3. Articulate the primacy of conscience and show why a person is obliged to follow a certain judgment of their conscience.
4. Show how an upright conscience requires accepting full responsibility for one’s actions.
Catholic Social Teaching

Goal 7: The Master catechist will articulate key principles of Catholic Social Teaching and will illustrate how to apply them to our lives in a global society.

Objectives: The Catechist will be able to:
1. Understand the foundational principles of human dignity and the common good.
2. Identify current social issues that relate to each of the seven major themes of Catholic social teaching.
3. Understand the significance of the principle of solidarity for social justice and especially for developing nations and peoples.
4. Describe the difference between personal and social sin, between sins of commission and sins of omission.
CHRISTIAN PRAYER

Goal 1: The Master catechist will share the nature and value of both personal and communal prayer throughout the entire formation process.

Objectives: The catechist will:
1. Understand prayer as gift and as communication /relationship with God.
2. Connect with and understand his or her own spiritual journey.
3. Discover and celebrate God at the heart of all creation.
4. Grasp that authentic spirituality is characterized by faith, hope, charity, courage and joy.

Goal 2: The Master Catechist will demonstrate various styles of prayer and skills to lead others in prayer.

Objectives: The catechist will:
1. Be exposed to a variety of prayer forms: liturgical, vocal, contemplative and meditative prayer.
2. Learn how to lead others in prayer, including Lectio Divina.
3. Be able to plan a liturgy/prayer service.
4. Be able to identify the Our Father as a model for prayer and the synthesis of prayer contained in scripture and in the life of the church.

Goal 3: The Master Catechist will articulate the nature of prayer and the various forms of prayer.

Objectives: The catechist will
1. Understand the importance of prayer in daily life using the various forms of prayer: blessing, intercession, thanksgiving, and praise.
2. Be aware of cultural expressions of prayer.
3. Be familiar with the Liturgy of the Hours.
COMMUNAL LIFE

Goal 1: The Master Catechist will articulate that all are part of a community of believers called by their baptism to witness, to worship and to serve.

Objectives: The catechist will:
1. Know the term ecclesia as it refers to Kyriake, or Church; “what belongs to the Lord”, the liturgical assembly, the local community or the whole universal community of believers.
2. Understand that they are incorporated into the Church through Baptism.
3. Understand that faith and worship are closely related: that faith gathers a community for worship and worship renews the faith of the community.
4. Keep, live and profess the faith and confidently bear witness to it.
5. Understand that all are called to serve in the ecclesial community for the sake of its growth and life.

Goal 2: The Master Catechist will explain that Christian life is an apprenticeship to Jesus Christ.

Objectives: The catechist will:
1. Understand that all Catholics are to have an enthusiasm for their faith, and in living their faith in Jesus, they freely share it with others.
2. Participate in the divine calling to teach as Jesus did. Their personal relationship with Jesus Christ energizes their service to the Church and provides the continuing motivation, vitality, and force of their catechetical activity.
3. Show a special solidarity with those whom they catechize and a particular sensitivity to their needs.
4. Live a spiritual life characterized by a call to holiness.
5. Be familiar with the words and actions of Jesus through Sacred Scriptures in order to emulate his life and teaching.

Goal 3: The Master Catechist develops a loving and respectful attitude in the context of ecumenical dialogue engendering and nourishing an authentic desire for unity.

Objectives: The catechist will:
1. Comprehend an ecumenical dimension and encourage fraternal attitudes toward members of other Christian churches and ecclesial communities.
2. Understand the basic teachings of the Catholic Church and be able to give an account of her teaching and her discipline.
3. Seek to present the teachings of other churches, ecclesial
communities and religions correctly and honestly.

4. Affirm their Catholic identity while respecting the faith of others

5. Understand a basic awareness of the Catholic principles of ecumenism.

Goal 4: The Master Catechist will embrace the rich cultural pluralism of all the Faithful, encourage the distinctive identity of each cultural group, and urge mutual enrichment.

Objectives: The catechist will:

1. Invite all people, whatever their social or cultural background, to hear the message of salvation in Jesus Christ so they may come to join us in the fullness of the Catholic Church.

2. Promote a unity of faith within the multicultural diversity of the people.

3. Respect appropriate forms of piety and popular religiosity practiced by the faithful.

4. Sustain and support popular religiosity and, if necessary, purify and correct the religious sense which underlies these devotions so that the faithful may advance in knowledge of the mystery of Christ.

Goal 5: The Master catechist will communicate the necessity of a safe environment for the parish community.

Objectives: The catechist will:

1. Provide generous, competent and realistic aid, by seeking dialogue with the families, by proposing appropriate forms of education and by providing catechesis which is proportionate to the concrete possibilities and needs of children.

2. Ensure that children and youth who worship, study and participate in activities sponsored by a parish, can do so in the safest and most secure setting possible.

3. Be familiar with the comprehensive set of procedures established by the USCCB in the Charter for the Protection of Children and Young People.

4. Will be trained in and follow the guidelines for Safe Environment provided by each Diocese.

5. Will recognize that children have a dignity of their own and that they are important not only for what they will do in the future, but for who they are now.
MISSIONARY SPIRIT

Goal 1: The Master catechist will emphasize that the primary task of evangelization is a clear and unequivocal proclamation of the Word as the Person of Jesus Christ.

Objectives: The catechist will:
1. Understand that Jesus Christ is central to all aspects of human life.
2. Identify and reflect upon the responsibility of all the baptized called for in Mt. 28: 19-20.
3. Understand the need for a new evangelization and what it entails.

Goal 2: The Master Catechist will strengthen in the catechist their own sense of participation in the mission of Jesus to proclaim the good news of the kingdom.

Objective: The catechist will:
1. Relate a number of Scripture passages of Jesus’ work, his manner, actions, prayer and sense of mission and connect them to their faith stories.

Goal 3: The Master Catechist will encourage the catechist to give witness to the Good News in our own times through a life of on-going conversion of heart and conformed to that of Jesus Christ through full adherence to his person, his teachings and to his life of self-giving love.

Objectives: The catechist will:
1. Define *metanoia* and explain its meaning.
2. Give a number of examples in ordinary life that demonstrate a catechist’s on-going commitment to a change of heart and to a life of prayer and action that demonstrates a conformity to discipleship to Jesus Christ.

Goal 4: The Master catechist will create an awareness that the Gospel is intended for every people and nation and that it finds a home in every culture.

Objectives: The catechist will:
1. Demonstrate and apply knowledge and appropriate sensitivity to the diversities of culture in terms of ethnicity, special needs, age, levels of faith development and so on.
2. Be able to draw on a knowledge of inter-religious dialogue to show how Christ brings hope to all people.
NATURE AND PURPOSE OF CATECHESIS

Goal 1: The Master Catechist will articulate the role of both initiating and ongoing Catechesis.

Objectives: The catechist will:
1. Understand that initiating catechesis may either precede or follow Baptism.
2. Define initiating catechesis as the initial faith in Jesus Christ.
3. Define ongoing catechesis as a process that includes life long learning for the individual and constant pastoral activity for the Christian community.
4. Describe the most effective forms of ongoing catechesis.

Goal 2: The Master Catechist will explain that the catechumenate process is the model and inspiration for all catechesis.

Objectives: The catechist will:
1. Embrace the catechumenate process as the model and inspiration for all catechesis.
2. Understand how the four stages of the baptismal catechumenate mirror the Father’s divine pedagogy.
3. Include the Church’s rites, symbols, biblical and liturgical signs in their catechesis where appropriate.
4. Recognize that conversion is a life-long process and is accompanied at every stage by an appropriate catechesis.
5. Provide mystagogical reflection experiences.

Goal 3: The Master Catechist will articulate the nature and purpose of an evangelizing catechesis.

Objectives: The catechist will:
1. Understand that catechesis and evangelization integrates and compliments each other.
2. Be able to proclaim the Word in such a way that calls forth a conversion of heart.

Goal 4: Inculturation: The Master Catechist will have an understanding of the culture in which the learner lives and how the Gospel can transform that culture.

Objectives: The catechist will:
1. Identify the presence of God and traces of authentic Gospel values in culture.
2. Use the language and culture of the people as a foundation to express the common faith of the Church.
3. Recognize that the different generations within the community are cultures unto themselves, requiring appropriate catechesis.
4. Present the teaching of the faith in a complete and authentic way, nurturing the seed of faith sown by the Holy Spirit.
5. Orient the use of mass media and technology for service of the Christian message.

**Goal 5: Faith and Human Development**
The Master Catechist will understand the continuous cycle of growth and development in human life.

**Objective:** The catechist will:
1. Be familiar with theories of the following areas of human development and their implications for catechesis:
   - Psycho-social
   - Moral Development
   - Faith Development

**Goal 6: Authentic Presentation of the Christian Message**
The Master Catechist will have a clear understanding of how the Church, animated by the Holy Spirit, is sent as the teacher of the faith.

**Objectives:** The catechist will:
1. Present Christ as the definitive Revelation of God, the point in salvation history toward which the created order proceeds from the beginning of time, and the final event toward which it converges. Christ is the Center of the Gospel message.
2. Demonstrate how Scripture and Tradition are the source for the life and teaching of the Incarnate Word, our Savior.
4. Communicate the profound dignity of the human person.
5. Foster a common language of the faith.
6. Faithfully teach the doctrine and traditions of the Catholic Church.

**Goal 7: History of Catechesis**
The Master catechist will understand how Catechesis has been articulated and handed down through the ages so as to better grasp why we may be teaching and learning the way we do today.

**Objective:** The catechist will:
1. Trace the core content and story of catechesis through:
   - Sacred Scripture.
     - (Lk.1: 4; Acts18:25; Rom.2:18, Gal 6:6)
   - Oral instruction
   - Liturgy
   - The Lord’s prayer, Apostles Creed, Ten Commandments
   - Restoration of the Catechumenal Model
   - Impact of the development of catechesis after Vatican II and how it shaped the directions of catechesis
   - Be familiar with the *General Directory for Catechesis*, the *National Directory for Catechesis* and the *Catechism of the Catholic Church*
METHODOLOGY

Divine Methodology

Goal 1: The Master Catechist will be able to articulate that Divine Methodology is the transmission of the knowledge of faith by God’s own methodology – through the Father’s self-revelation in Jesus Christ and through the Holy Spirit – and that Divine Methodology is and will always remain the model for all human methodologies.

Objectives: The catechist will:
1. Understand that we are called to ministry through the community of faith.
2. Be able to explain that Jesus is the ideal catechist and how the Emmaus story illustrates Jesus’ methodology.
3. Understand and witness to how God’s grace and self-revelation underlies all efforts in catechesis.
4. Understand that catechesis depends on the Holy Spirit’s actions in peoples’ lives, bringing them to a deeper faith.

Human Methodology

Goal 2: The Master Catechist will be familiar with and utilize the various elements of human methodology in their catechetical efforts.

1. Human experience
2. Christian community
3. Christian family
4. Witness of the catechist
5. Commitment to living the Christian life
6. Memorization (by heart)
7. Apprenticeship
8. Discipleship

Objectives: The catechist will understand the components of human methodology and integrate them into their sessions/lesson planning. They will:
1. Understand the importance of learning through human experience and how through reflecting upon our experiences we come to meet and know God in our lives; (fulfillment of divine methodology).
2. Understand how the parish community serves as an effective catechetical agent.
3. Be able to explain how the first experiences of Christian community and faith are found in the primary environment of the Christian family and that the parents are the primary catechists for their children in matters of faith.

NDC 28, pp. 90-95

NDC 29 pp. 95-107
4. Demonstrate through their Christian life and experiences that they are a **witness** to faith and an example of learning about faith by others.

5. Be able to explain how living a committed **Christian life** is possible through:
   - Prayer
   - Sacraments
   - Liturgy
   - Fostering works of charity and justice
   - Promoting virtues such as liberty, peace, justice, care for creation

6. Understand how rote techniques and **“learning by heart”** is but one method of learning about faith matters and be able to demonstrate various “learning by heart” techniques such as prayers, formulas to provide factual information, repetitious practices and responses, songs, etc.

7. Be able to articulate **Christian apprenticeship**, how it is integral in the Catechumenal model of catechesis, its place in Christian initiation and provide assistance in helping persons find proper mentor/apprenticeship partnerships.

8. Be able to explain that through **discipleship**—following the life style of Christ—that we are able to grow deeper in our relationship with, and our understanding of Christ (continual conversion opportunities).

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**Learning Styles, Teaching Styles**

**Goal 3:** The Master Catechist will be familiar with the various styles of learning and incorporate various teaching styles to meet the diversity of needs among a group of learners in a catechetical setting.

**Objectives:** The catechist will:

1. Be familiar with concepts relating to the various developmental skills of learners and how each stage can affect the learners abilities to grasp and process knowledge:
   - Cognitive
   - Psycho-social
   - Moral
   - Faith

2. Be familiar with concepts relating to learner styles and multiple intelligences of learners and strive to incorporate activities addressing these concepts throughout the catechetical process:

   ◦ **Learner styles:**
     - Auditory
     - Visual
     - Tactile
     - Kinesthetic (movement/activity)
Multiple intelligences of learning:
- Logical/mathematical
- Verbal/linguistic
- Musical/rhythmic
- Intrapersonal/introspective
- Interpersonal/social
- Bodily/kinesthetic
- Visual/spatial
- Naturalistic

3. Understand and demonstrate the need to incorporate the methods and techniques during a catechetical session (experiential learning vs. didactic learning) utilizing the following elements:
   - Prayer, reflection, meditation, retreats
   - Role playing, drama, puppets and skits
   - Storytelling
   - Dance, song, music
   - Games and physical activity
   - Crafts, projects, art
   - Video, multimedia presentations
   - Service projects

Technology and Catechesis

Goal 4: The Master Catechist will understand the impact of Communications and technology on catechesis and be able to develop strategies to incorporate new and changing technologies into the catechetical process.

Objectives: The catechist will:
1. Understand the impact of modern communications, media and technology for learners in this “digital age.”
2. Examine the benefits and implications of modern technologies on faith formation.
3. Understand the need to incorporate contemporary means of communication, media and technology as instruments of catechesis.
4. Recognize the following media and be willing to utilize them effectively in preparation and execution of catechetical sessions:
   - Electronic media: radio, television, movies, broadcast media (cellular phones, iPods, etc.)
   - Print media: newspaper, magazines, periodicals, books, journals, pamphlets, bulletins, etc.
   - Computer media: internet, YouTube, social networks (MySpace, Facebook, YourSphere, Twitter, etc.), instant messaging, software and search engines (word processing, databases, PowerPoint, Keynote, Photoshop, Google), e-mail, etc.
Lesson/Session Planning

Goal 5: The Master Catechist will be proficient at developing adequate and comprehensive lesson plans for a variety of catechetical processes such as small group, large group, discussion, reflective, total community sessions/intergenerational catechesis sessions across all ages and formation needs or levels.

Objectives: The catechist will:
1. Be able to determine a clear focus or objective to the lesson.
2. Be able to stipulate and incorporate the necessary parts of a comprehensive lesson plan.
3. Have knowledge of the material to be presented
4. Include adequate preparation time.
5. Relate the lesson/session content to learners’ experiences.
6. Prepare questions to engage learners and determine satisfactory understanding on their part of material covered.
7. Incorporate Scripture, prayer and doctrine into lesson.
8. Allow for variety of technologies, activities and learning styles.
9. Offer ways to incorporate lesson into everyday life (take home materials, how to’s, etc).
10. Adjust lesson for special needs learners.
11. Evaluate effectiveness of lesson overall and make changes as necessary.

Resources

Goal 6: The Master catechist will become familiar with and utilize a variety of necessary and adjunct resources in support of the preparation and facilitation of catechetical sessions.

Objectives: The catechist will:
1. Be knowledgeable of the following resources as necessary and integral to comprehensive catechesis:
   - Sacred Scripture
   - General Directory for Catechesis
   - National Directory for Catechesis
   - Print media: newspaper, magazines, periodicals, Vatican II documents and post-conciliar documents
   - Catechism of the Catholic Church
   - Adult Catechism of the Catholic Church
   - Rite of Christian Initiation of Adults
   - Approved textbooks in conformity with the Catechism of the Catholic Church
   - USCCB website
   - Diocesan guidelines
2. Be familiar with other resources as supplemental and important to comprehensive catechesis:
   • Leader guides
   • Parent education materials
   • Resources for baptismal catechumenate
   • Sacramental preparation materials
3. Strive to incorporate resources and materials that are artistically sensitive, technically up to date, theologically authentic, ecumenically accurate, and methodologically sound.
4. Understand the need to keep informed of new documents and resources made available from publishers and other sources for continued spiritual growth and catechetical formation.
For more information please contact
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The California Catholic Conference of Bishops, in consultation with the Directors of Catechetical Ministry, the Superintendents of Catholic Schools, the Directors of Youth Ministry and the Directors of Adult Faith Formation of the Dioceses of the State of California, have agreed upon the revised Guidelines for the Formation and Certification of Catechists and Master Catechists. These guidelines were approved by the California Bishops Conference in October of 2008. The Diocesan Directors of California then wrote the Goals and Objectives and they were approved in April 2010.

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